

Following is a list of recommended reading. Click on a title to link to reviews and purchasing information. I welcome your suggestions and additions to this list.

[A Woman Like You: The Face of Domestic Violence—Photographs and Interviews](#)

by Vera Anderson. The forty full-page black-and-white photographs in this book present powerful, dignified images of women whose accompanying personal stories will help other abused women find their way to survival and recovery. The inspiring photo-essays sweep away the stereotypes of domestic abuse—a problem that "would never happen to me"—and educate readers about the everyday realities of family violence. Includes resources.

[Addressing Domestic Violence in the Workplace](#)

by Johnny Lee. Written by a domestic violence specialist, the book's 10 chapters provide valuable insight into the complexities of dealing with domestic violence in business. It is recommended reading for human resource professionals, managers, and business owners who want to prevent an incident through policy and program development or be ready to intervene in case of a crisis. It is also a critical resource for domestic violence advocates, employment law attorneys, security personnel, and occupational health professionals.

Highlighting cases of actual incidents of workplace violence, *Addressing Domestic Violence* is a comprehensive resource that will help you:

- Recognize the warning signs of domestic violence
- Handle legal issues
- Develop appropriate policies
- Understand the impact of domestic violence on business
- Know what to do if the batterer is an employee
- Communicate with victims
- Make your entire workplace more secure
- Train employees on domestic violence protocol

With *Addressing Domestic Violence* as your guide, you can overcome any reluctance to get involved in such "personal matters," save valuable employees from termination, and gain—in return—years of loyal and dedicated service. (*Review from Amazon.com*)

[Anger & Conflict in the Workplace: Spot the Signs, Avoid the Trauma](#)

by Dr. Lynne Falkin McClure (a CAEPV Corporate Member). Describes eight anger-styles that are common at work and shows how you can prevent others from using them, whether you're a co-worker, manager, or employee.

[Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics, The](#)

by Lundy Bancroft and Jay G. Silverman. This book takes readers inside homes affected by domestic violence, conveying the atmosphere that batterers create for the children who live with them.

[The Batterer: A Psychological Profile](#)

by Donald G. Dutton, Ph.D. and Susan K. Golant (Contributor). Psychologist Donald G. Dutton draws on his groundbreaking studies of more than 700 abusive men and therapy with hundreds more to answer questions like —"What do these men have in common?" "How are they different from other men?" "What made them that way?"— and to address the most important question of all: Is a cure possible?

[Breaking Free, Starting Over: Parenting in the Aftermath of Family Violence](#)

by Christina M. Dalpiaz, a certified Victims' Advocate, provides techniques for reparenting children who've been exposed to domestic violence. Lacking a safe haven, many of these children exhibit significant behavior, communication, and self-management problems. Dalpiaz shows how a caring and thoughtful parent can recognize the devastation that family violence brings for children, and also understand how to help them recover and live happy, violence-free childhoods.

[Breaking the Cycle](#)

A compelling collection of short stories about domestic violence. Zane, the editor of the collection, has gathered a diverse group of contributing authors who each brought something unique to their offering. The book discusses

different types of abuse, from physical to emotional, verbal to sexual, but has a special emphasis on the impact of domestic violence on children.

[Defending Our Lives: Getting Away From Domestic Violence & Staying Safe](#)

by Susan Murphy-Milano. A witness to the destructive forces of domestic violence, Murphy-Milano is on a mission to get women out of abusive situations. To this end, she details the signs of physical and emotional abuse, the patterns that signal problems, and the reasons women sometimes stay in such relationships. A proactive work, the book doesn't simply provide women with the knowledge to recognize these harmful situations, it tries to give them the ability to separate themselves from their abusers.

[The Domestic Violence Sourcebook](#)

by Dawn Bradley Berry. A practical handbook with a list of common procedures, interventions, including remedies available through the court system, and organizations who can assist victims. Also a useful book for social workers and counselors working with the public.

[Domestic Violence: The Criminal Justice Response](#)

by Eve Buzawa and Carl Buzama. This third edition of "Domestic Violence: The Criminal Justice Response" updates their previous investigation into the criminal justice system's response to domestic violence. They delve into the history of police response and police training, changes in law and police roles, new approaches in crisis intervention, community policing, and judicial response. The new edition addresses stalking in a new chapter, and gives expanded coverage to developments in prosecution and in the roles of counseling and mediation.

[Domestic Violence: What Every Pastor Needs to Know \(2nd Edition\)](#)

CAEPV National Advisory Board Member [Al Miles](#) addresses the issues related to inadequate pastoral response to this pervasive problem. He explores the dynamics of abusive relationships and the role that clergy members can take to heal this painful situation.

The new edition of *Domestic Violence: What Every Pastor Needs to Know* builds upon the insights, policies, and programs of the original volume and includes new information on the pathology of domestic violence and the effect the economic downturn is having on victim-survivors and batterers. Miles also focuses on helping clergy and other pastoral ministers develop a more compassionate response to victim-survivors who are gay, lesbian, bisexual, and transgender.

This thoroughly updated edition includes questions for discussion, a list of additional resources, and contact information for state coalitions working to end domestic violence.

[Dragonslippers: This is What an Abusive Relationship Looks Like](#)

by Rosalind B. Penfold. This unique book presents the many warning signs of abuse told through simple, evocative line-drawings and a painfully honest narrative voice. It is the story of Roz - a 35 year old business woman running her own company who is swept off her feet by Brian, a widower with four loving children. Brian seems like everything a woman could possibly want, and Roz falls deeply in love. But soon Roz begins to notice troubling signs that Brian is not what he seems. A pattern of lies and petty cruelties begin to emerge that, over the course of their decade together, comes to encompass a litany of physical, mental, and sexual abuse appalling in its scope and malevolence. Often too traumatized to admit the true extent of what she is experiencing, Roz instead pours her anguish into a series of graphic diaries that provide a touching, profoundly moving, and completely original portrait of domestic abuse. An extraordinary visual testimony, *Dragonslippers* presents the many warning signs of abuse and offers a frank examination of the psychology of both the abuser and the victim. Above all, this is the story of a woman who fights for and finds the strength to break free.

[Drawn to the Rhythm: A Passionate Life Reclaimed](#)

by Sara Hall. The autobiography of an upscale woman who finds her way out of a violent marriage through her mastery of competitive rowing! A story of survival and courage.

[The Emotionally Abusive Relationship: How to Stop Being Abused and How to Stop Abusing](#)

Author Beverly Engel encourages readers to become responsible for their behavior and for changing it. Identified are

ten "patterns of abuse" (verbal assault, character assassination, etc), different kinds of abusive relationships, action steps for cessation, and suggestions for recovery.

[Ending Violence in Teen Dating Relationships: A Resource Guide for Parents and Pastors](#)

by Reverend Al Miles. [Reverend Al Miles](#) is a member of CAEPV's National Advisory Board and a nationally recognized expert in the field of domestic violence and teen relationship violence. In this book, he explores the complex issue of teen dating violence. Through interviews and other research, he provides critical information that parents, caregivers, clergy, and educators can use to protect teens and help them foster healthy dating relationships. Reverend Miles offers thoughtful advice and answers to such questions as: What constitutes violence in teen dating relationships? Why is the problem so pervasive? What are the warning signs that parents and other caring adults can watch for that may indicate a teen is being either abused or abusive? And what can the church do to help?

In her review of the book, fellow CAEPV Advisory Board Member [Robin R. Runge](#) says, *"More than any other author I've read about teen dating violence, Rev. Miles captures the unique and challenging issues facing young people today. This book is a critically needed resource for parents to learn about how to identify and prevent teen dating violence and the role their faith plays in these efforts."*

[Family and Friends' Guide to Domestic Violence: How to Listen, Talk and Take Action When Someone You Care About is Being Abused](#)

by Elaine Weiss. Used as a guide, it explains what to do when someone you care about is in an abusive relationship. It answers questions such as "Do you ask about it?" "What if you're wrong?" "Do you offer to help? Even at the risk of interfering?"

[Family Violence and Religion: An Interfaith Resource Guide](#)

Compiled by the staff of Volcano Press -- a resource for clergy and community professionals to understand family violence and respond appropriately. Includes: background information on domestic violence guidelines for pastoral counseling to battered women; theological perspectives; discussion of elder abuse and specific articles on domestic violence in African-American, Asian-American and Hispanic-American communities.

[Getting Free: You Can End Abuse and Take Back Your Life](#)

Although written in 1982, it is still called the "bible of all domestic violence texts." The book contains twenty-four chapters covering a gamut of issues. The problems of and solutions to domestic violence are clearly defined through the voices of women as they share their experiences and carve out their steps toward freedom.

[Handbook of Domestic Violence Intervention Strategies: Policies, Programs, and Legal Remedies](#)

edited by Albert R. Roberts. This 560-page reference book is a comprehensive guide to the latest research, public policies, and legal and criminal justice responses covering federal and state legislation as well as trends in police and court responses to domestic violence. Written by expert practitioners and leading scholars in the field, the book provides rich insights into the complexities and challenges of addressing domestic violence.

[Hear Our Voices: Expressions of Survival and Inspiration](#)

published by the Domestic Violence Network of Greater Indianapolis (DVNGI). DVNGI is a CAEPV member, and has compiled this collection of essays and poetry authored by survivors of domestic violence. In offering these personal stories of a few, *Hear Our Voices* pays homage to the countless many determined to triumph through human will. In addition, the book contains photographs of art created through the Indianapolis Clothesline Project. The book is available at Borders bookstores in Indianapolis, or by calling 317-475-6110.

[Hope for Hurting Families: Creating Family Justice Centers Across America](#)

by Casey Gwinn, JD and Gael Strack, JD. This is the story of the creation of the most comprehensive "one stop shop" in the nation, for victims of family violence and their children. This philosophical foundation for the developing National Family Justice Center movement is co-authored by former San Diego City Attorney, Casey Gwinn and Gael Strack, JD, Director of the San Diego Family Justice Center. It is the road map for the creation of Family Justice Centers in America, and around the world in the years to come. Proceeds from the sales of the book will benefit the San Diego Family Justice Center.

[If I Am Missing Or Dead: A Sister's Story of Love, Murder, and Liberation](#)

by Janine Latus. At age 37, Janine Latus's younger sister, Amy, was strangled to death by her live-in boyfriend, bundled in a plastic tarp and buried beside a remote country road. It was a wretched end to a too-short life, one frequently marked by disappointment, sadness and struggle. In the hands of a less gifted writer, Amy's story might stand only as an encomium or a cautionary tale: a glimpse into the life of one abused woman, representative of thousands like it. But Latus weaves a double strand. Part memoir, part biography, the book (which grew out of an article in *O Magazine*) explores Latus's own relationships with abusive men—and her eventual emancipation from a marriage riven by emotional and physical violence. The letter that begins "If I am missing or dead" was found by Amy's coworkers in her desk.

[The Impact of Domestic Violence On Your Legal Practice: A Lawyer's Handbook, 2nd Edition](#)

edited by Margaret B. Drew, Esq., Lisae C. Jordan, Esq., Donna J. Matthews, Esq., and Robin R. Runge, Esq. (a member of the CAEPV National Advisory Board). This publication is the second updated and expanded edition of the Commission's most popular handbook. [Production of the handbook is being underwritten by CAEPV Member [Mary Kay, Inc.](#)] It provides an overview of domestic violence and the law, and it aids attorneys in every field of practice in representing clients responsibly by helping them recognize domestic violence and how a legal matter may be impacted by domestic violence. Over 80 authors (including CAEPV Executive Director Kim Wells) contributed to this comprehensive reference publication that covers such topics as "Safety and Domestic Violence," "Men's Roles," "Protective Orders and Other Injunctive Relief," "Criminal Matters," and "Domestic Violence and the Workplace." This publication is a valuable tool in assisting attorneys with the intersection of domestic violence and the law. The handbook is \$75.00 plus shipping and handling (\$65.00 plus shipping/handling for ABA members) To order, call the ABA Service Center at 1-800-285-2221, Product Code #5480020.

[It Could Happen To Anyone: Why Battered Women Stay \(Second Edition\)](#)

by Alyce LaViolette and Ola Barnett. Alyce LaViolette, (a founding member of the [CAEPV National Advisory Board](#)), has completely rewritten her insightful and acclaimed book which combines her clinical experience with Barnett's extensive research on battered women and their abusers.

[Learning to Live Without Violence: A Handbook for Men](#)

by Daniel Jay Sonkin, Ph.D. and Michael Durphy, MD "Helping men learn to get in touch with, manage the intensity of, and communicate their anger (as well as their other feelings) so that their emotions don't overwhelm them and ultimately make them vulnerable to acting aggressive and violent."

[Look Again... Because You Can](#)

by Neile Jones-Batie. With a desire to help break the cycle of abuse, the Northwest Arkansas television news anchor, public speaker, emcee, award winning journalist and survivor of domestic abuse Neile Jones-Batie has released, *Look Again...Because You Can*, sharing her true story to encourage others to never give up and to seek professional help when plagued by abuse of any form. This story will inspire readers to take back their lives from abuse by learning from their painful pasts and moving forward in a way that allows them to give back and live a full life.

[The Macho Paradox](#)

This link leads to the site for a new book by Jackson Katz entitled *The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help*. CAEPV Advisory Board Member Rosalind Wiseman says it is "An honest, intellectually rigorous and insightful work that challenges readers to truly engage in a political discourse that can change lives, communities and nations."

[Men's Work in Preventing Violence Against Women](#)

by James Newton Poling, Ph.D. and Christie Cozad Neugar, Ph.D. The book examines the experiences of 12 practicing counselors who call on their religious trainings to form partnerships between men and women that promote an end to domestic violence. This book challenges traditional images of masculinity, exploring effective and ineffective methods of helping men face their own sexism and change their behavior toward the goal of ending domestic violence.

[Not to People Like Us: Hidden Abuse in Upscale Marriages](#)

by Susan Weitzman. Chicago's affluent North Shore provides 20-year veteran psychotherapist Weitzman with

abundant evidence of the secret lives of "upscale domestic abusers" and their victim-wives. Shattering the cultural myth that emotional and physical violence in the home is confined to couples of a lower socioeconomic class, the author presents vivid case histories that are often excluded from clinical studies and statistics.

[The Physician's Guide to Intimate Partner Violence and Abuse: A Reference for all Health Care Professionals](#)

by Patricia R. Salber, MD and Ellen Taliaferro, MD, Cofounders of *Physicians for a Violence Free Society*. Some comments about the book by physicians: "...a clear, accessible road map through the complex landscape of intimate partner violence. The authors provide a succinct overview of the subject...; it presents precisely what physicians need to know about domestic abuse, with no wasted words." "This is the 'how to' manual that every busy practitioner and care giver should have." "If every physician in this country could have access to this publication, we could indeed make a difference in breaking the cycle of violence."

[The Power of One: Heroes Forging America's Civic Reawakening From Sea to Shining Sea](#)

by Debra Schweiger is about about how average Americans can help solve social problems. Thirty-three people and their programs are featured -- including former CAEPV Advisory Board Member Janet Hagberg, and former co-director of Silent Witness National Initiative.

[Preventing and Managing Workplace Violence: Legal and Strategic Guidelines](#)

edited by Mark A Lies is published by the American Bar Association's Section of State and Local Government Law. This book defines workplace violence and identifies possible settings where violence may be more likely to occur, how to recognize the signs, and what to do if you suspect an employee is a potential risk. The contributing authors represent a wide variety of experiences, including mental health clinicians, security experts, workplace safety researchers and practitioners, and lawyers.

The book focuses on: the different types of workplace violence; underlying psychological factors that may prompt someone to act out violently; legal issues such as employer liability, due process of rights, and state legislation addressing workplace violence; and tools available to employers to avert or reduce the likelihood of a violent incident or what measures to take in the aftermath of an event of violence. Some of the topics covered include post-9/11 safety concerns, the role of law enforcement in assisting employers with workplace violence, how to minimize the impact of domestic violence and stalking in the workplace, and conducting a site security assessment.

[Queen Bee Moms & Kingpin Dads: Dealing with the Parents, Teachers, Coaches, and Counselors Who Can Make--or Break--Your Child's Future](#)

by Rosalind Wiseman, Elizabeth Rapoport. What happens to Queen Bees and Wannabes when they grow up? Even the most well-adjusted moms and dads can experience peer pressure and conflicts with other adults that make them act like they're back in seventh grade. In *Queen Bee Moms & Kingpin Dads*, [CAEPV National Advisory Board Member Rosalind Wiseman](#) gives us the tools to handle difficult situations involving teachers and other parents with grace.

[Queen Bees & Wannabes](#)

by Rosalind Wiseman (a member of the [CAEPV National Advisory Board](#)). A breakthrough book for parents that offers support and tools to help their daughters survive the trials of adolescence.

[Queen of Peace Room. The](#)

by Magie Dominic. On an eight-day retreat with Catholic nuns in a remote location safe from the outside world, she exposes, and captures, fifty years of violent memories and weaves them into a tapestry of unforgettable images. The room she inhabits while there is called The Queen of Peace Room; it becomes, for her, a room of sanctuary. She examines Newfoundland in the 1940s and 1950s and New York in the 1960s; her confrontations with violence, incest, and rape; the devastating loss of friends to AIDS; and the relationship between life and art. These memories she finds stored alongside memories of nature's images of trees pulling themselves up from their roots and fleeing the forest; storms and ley lines, and skies bursting with star-like eyes. In *The Queen of Peace Room*, from a very personal perspective, Magie Dominic explores violence against women in the second half of the twentieth century, and in doing so unearths the memory of a generation. In eight days, she captures half a century.

[Risky Business: Managing Employee Violence in the Workplace](#)

also by Dr. McClure, features the application of her unique early-intervention methods to the prevention of employee violence.

[Scared to Leave, Afraid to Stay: Pathways from Family Violence to Safety](#)

by Barry Goldstein. This book (told from Goldstein's point of view as an attorney involved in domestic violence prevention efforts), offers insight into the experiences of battered women in the courts. It tells the stories of ten of Goldstein's clients, and also includes his observations and recommendations on how the legal system can improve its response to domestic violence and better serve those who are abused and their children.

[Sexual Violence: Our War Against Rape](#)

by Linda Fairstein, former chief of New York City's Sex Crime Prosecution Unit. From directing Manhattan's Sex Crimes Prosecution Unit to her involvement in nationally prominent rape cases, Ms. Fairstein's book offers the extraordinary story of the crimes, the trials, the convictions--and the massive changes within the legal processes that give new hope to sex crime victims today.

[Stalking: Surviving the Hidden Terror](#)

by Paula LaRue explains what stalking is, why it occurs, how to prevent it, and how to survive it. The book shares real life stories of actual stalking victims who are winning the battle against their stalkers. Author Paula LaRue says, "Victims need to know they are not alone and can survive a stalking incident when everyone seems to be working against them." The book is available at Amazon.com, or by calling 866-325-2126.

[Stop Domestic Violence: An Action Plan for Saving Lives](#)

by Louis Brown (father of Nicole Brown Simpson), Merritt McKeon (an activist and domestic violence survivor) and Pastor François Dubau. The book offers hope and practical strategies for combating domestic violence. The first half is geared toward support network people like parents, families, friends, both personal and professional, and acquaintances who can and should make a difference; and the second half toward the victims of abuse. It contains an action plan for battered women and those around them and a checklist for the victim. Includes steps on how to combat battering within families, within communities, within homes and at the legislative level.

[Surviving Domestic Violence: Voices of Women Who Broke Free](#)

by Elaine Weiss, Ed.D. This book tells the stories of twelve women: each was a victim of domestic violence, each escaped from her abuser, and each reclaimed her dignity, reconstructed her life, and rediscovered peace.

[Tornado Warning](#)

Parents, teens, and survivors are lucky that Elin Stebbins Waldal has the courage to share her own harrowing experience with teen dating violence. At 17 she unwittingly fell in love with an abusive man. *Tornado Warning* is the true, honest portrait of how he whittled her down--with words, hands, and weapons--from a confident teen to the shadow of a woman.

But Stebbins Waldal offers more. Interwoven with her real-life journal, she reflects on how this relationship has affected her since, and how she is working to protect her teenagers from succumbing to a similar experience. Provocative and healing, *Tornado Warning* is a must-read for parents, women, and anyone who has suffered at the hands of a loved one.

[The Verbally Abusive Relationship: How to Recognize it and How to Respond](#)

by Patricia Evans. Addresses such questions as "Does your partner seem irritated or angry at you several times a week?" "Does he deny being angry when he clearly is?" "Do your attempts to discuss feelings of pain or emotional distress leave you with the feeling that the issue has not been resolved?" "Do you frequently feel perplexed and frustrated by his responses, as though you were each speaking a different language?" The book offers validation and understanding—"it's not all in your head"—and encouragement for efforts to change the situation. It also explores the damaging effects of verbal abuse on children and the family, and offers valuable insight and recommendations to therapists, as well as those who seek therapeutic support.

[Violence in Families: What Every Christian Needs to Know](#)

by Reverend Al Miles. Domestic violence is an often glossed-over danger in families today, and Christian families are

not immune. The warning signs can be hidden or disregarded. Reverend Al Miles confronts the issues surrounding family violence, its causes, and possible solutions. He also discusses how all people are affected and can help address the issue. With an honest and down-to-earth tone, this book provides guidance and information for lay people as well as for individuals experienced with the complex nature of domestic violence. Reverend Miles works for Pacific Health Ministry as a coordinator of the Hospital Ministry Department at the Queen's Medical Center, Honolulu, Hawaii. He was recently named by Attorney General John Ashcroft to the National Advisory Committee on Violence Against Women.

[Violence in the Lives of Black Women: Battered, Black, and Blue](#)

Edited by Carolyn M. West, Ph.D. Assistant Professor, Psychology, University of Washington, Tacoma. Written from a Black feminist perspective by therapists, researchers, activists, and survivors, *Violence in the Lives of Black Women: Battered, Black, and Blue* sheds new light on an understudied field. For too long, Black women have been suffering the effects of violence in painful silence. This new book provides a forum where personal testimony and academic research meet to show you how living at the intersection of many kinds of oppression shapes the lives of Black women. With moving case studies, in-depth discussions of activism and resistance, and helpful suggestions for treatment and intervention, this book will help you understand the impact of violence on the lives of Black women.

[Walking on Eggshells: Practical Counseling for Women In or Leaving a Violent Relationship](#)

by Dr. Brian Ogawa, an assistant professor in the Department of Human Services, School of Applied Studies at Washburn University, Topeka, Kansas. Describes the feelings experienced by many women who are in relationships where physical and psychological abuse are present. This book summarizes the nature of such relationships and presents specific ways a woman can respond to the violence realistically and responsibly.

[WellWriting For Health After Trauma and Abuse \(e-Book\)](#)

by Ellen H. Taliaferro, MD, FACEP. Do you sometimes feel that even though you are thankful to have escaped the past trauma and abuse in your life, you find yourself strangely "stuck?" Do you feel that you have more health problems than friends who've never been in a traumatic or abusive situation, the way you were? If you - or someone you support - is a domestic violence survivor who struggles with health and life challenges, Dr. Ellen Taliaferro's e-book, *WellWriting for Health*, may be for you. *WellWriting* will show you five simple *WellWriting Ways* you can follow to transform your life from being stuck as a survivor to thriving as a victor.

[What to Do When Love Turns Violent: A Practical Resource for Women in Abusive Relationships](#)

by Marian Betancourt. Described by Amazon.com as a critical reference and a source of hard facts to help women seek protection through law enforcement and the justice system, get assistance from the healthcare system, and find answers to their questions. The first part spells out an action advertisement plan to get out of danger and find immediate help. The second part details how to stay safe and regain control over your life. For quick reference, *What to Do When Love Turns Violent* includes a state-by-state directory of domestic violence hot lines, and a listing of the national organizations devoted to helping victims of domestic violence. Consulting this sourcebook is the crucial first step to breaking the cycle of domestic violence. There is help out there, and *What to Do When Love Turns Violent* empowers you to find it and take back your life.

[When Dad Hurts Mom: Healing the Wounds of Children Who Witness Verbal or Physical Abuse](#)

Lundy Bancroft's latest book. The book offers comfort, understanding, and a concrete plan of action to any woman concerned about the distress being caused to her children by her angry, controlling, or abusive partner. Written for mothers, this book aims to enlighten women about the effects of abuse on children, how an abusive partner distorts familial relationships, and what can be done about it.

[When Violence Begins at Home: A Comprehensive Guide to Understanding and Ending Domestic Abuse](#)

by K. J. Wilson, Ed.D., Director of Training, Austin Center for Battered Women. A combined project of the Austin Center for Battered Women and the National Domestic Violence Hotline, this book is described as a "comprehensive reference and valuable resource to both battered women and their caregivers." Author K. J. Wilson, who went underground for a few years to escape a dangerous relationship, draws on her experience as director of the Austin Center for Battered Women to provide immediate aid to victims and guidelines for helpers.

[Why Does He Do That: Inside The Minds of Angry and Controlling Men](#)

by Lundy Bancroft. Domestic abuse expert Lundy Bancroft uses his unique perspective as a therapist for angry and controlling men to help women, their children, and other family members who have been touched by abuse understand why abusers behave the way they do and what can be done about it. Bancroft teaches women how to survive and improve an abusive relationship; how to determine how dangerous an abuser is and when it is impossible to rectify a situation; and how to get out of a relationship safely. (Also, see Lundy Bancroft's website at www.lundybancroft.com)